

# CRU

CLINICAL RESEARCH UNIT

**ENTERPRISES**  
University of Pretoria



The Clinical Research Unit has been facilitating Phase 2 and 3 clinical drug trials at the University of Pretoria in excess of 15 years, with Steve Biko Academic Hospital, within the following fields of treatment:

- Dermatology
- Diabetes
- Gastroenterology
- Gynaecology
- Haematology
- Hypercholesterolemia
- Nephrology
- Neurology

- Oncology
- Ophthalmology
- Orthopaedics
- Rheumatology
- Surgery
- Urology
- Vaccines

Given the extensive experience of its staff additional fields of treatment can be accommodated as well as the ad hoc facilitation of Phase 1 trials. CRU conducts these trials within a multidisciplinary experienced team.

*A business solutions partner of choice*





### 1 The site and facilities:

- ✓ Studies facilitated at the Prinshof Campus, Steve Biko Hospital and Kalafong Hospital
- ✓ Consulting rooms and a twelve-bed patient ward
- ✓ Electrocardiograms (ECGs) and intravenous drug administration
- ✓ High recruitment figures, up-to-date data entries and adherence to quality standards
- ✓ Fully equipped emergency trolley, defibrillator, suction unit, oxygen and infusion pumps
- ✓ Phlebotomy and specimen processing
- ✓ Secure, temperature-controlled pharmacy facility
- ✓ Storage facilities, including a freezer (-20° Celsius) and fridges (2-8°Celsius)



### 2 Experienced and Knowledgeable staff:

- ✓ Onsite Doctor
- ✓ Experienced study coordinators, dispensing physicians and investigators
- ✓ All staff have GCP, IATA and BLS training

### Meet the team

#### Prof Natalie Schellack

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#### Dr Sophie Mathijs

PI: Clinical Research Unit  
R2-54, Pathology Building  
Prinshof Medical Campus  
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### 3 Services offered include:

- > A dedicated Clinical Trial Manager to facilitate initial engagement with a Sponsor:
  - Review of a feasibility in collaboration with an identified Principal Investigator
  - Contract and budget negotiation with Sponsor
- > Co-ordination of start-up activities:
  - Coordinates all start-up activities, including Ethics Committee approvals, contracts and pre-screening
  - Ensures readiness to screen patients within two weeks after receiving regulatory approval
- > Patient recruitment:
  - Database available
  - Access to and recruitment from various primary care clinics
  - A tertiary hospital – Steve Biko Academic Hospital
  - Two district hospitals – Kalafong and Tshwane Hospitals
- > Operational and financial support:
  - Capturing of data by in-house data capturers on Sponsor's online platform
  - Capturing and reviewing of data by in-house data capturers on the CRU's Clinical Trial System thereby ensuring effective management of all records in order to facilitate accurate invoicing on all studies
  - Provision of financial statements for each clinical trial administered
  - Administration of funds in accordance with the University of Pretoria's Financial Model
  - Management of debtors
  - Management of payments/remuneration to all

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